cheetahcare | Blood & Urine Specimen Collection Instructions

Important Checklist - DO NOT FORGET

- ✔ **Name and Date of Birth (DOB) on all 4 specimen collection tubes. Must exactly match Name and DOB on test order.**
- ✔ **Draw the SST (tiger top) before the EDTA (lavender top). EDTA drawn first contaminates the SST and causes inaccurate chemistry results.**
- ✔ **SST (2 tubes) requires clot time and centrifugation. EDTA tube does NOT.**
- ✔ **All tubes should be stored in the refrigerator if not immediately packaged for shipping.**
- ✔ **Frozen ice pack MUST be placed in UPS LabPak for return transport to laboratory.**

Blood Collection

1. **Draw in this order: 2 SST (tiger top) tubes, then 1 EDTA (lavender top) tube.**
   EDTA before SST may cause contamination and inaccurate chemistry results.
2. **Label each tube immediately after collection with the patient's full name and date of birth** (DOB).
   Ensure the name and DOB on each tube and the order all match.

SST (draw first)	EDTA
Completely fill tube.	Completely fill tube.
Gently invert 5x. Do not shake.	Gently invert 8-10x. Do not shake.
Allow to clot upright for 30-45 minutes.	No clot time required.
Centrifuge for 10 minutes at 1100-1300 xg. Do **not** re-centrifuge once gel barrier has formed.	Do **not** centrifuge.

3. **All tubes should be stored in the refrigerator if not immediately packaged for shipping.**

Urine Collection

Collect urine after the blood draw.

1. Have the patient provide a midstream clean-catch sample in a sterile urine cup (not included in the kit).
2. Using the transfer pipette, fill the urine specimen collection tube (red-yellow cap/conical bottom) to the fill line.
3. Cap the tube tightly and label it with the patient's full name and date of birth.
4. Gently invert tube 10x.
5. **Place collected urine specimen in the refrigerator if not immediately packaged for shipping.**

Package and Ship

1. **Confirm correct number of specimen tubes (4 total - 2 SST, 1 lavender, 1 urine).**
2. **Confirm specimen labels (name and DOB) match the order.**
3. **Place the tubes back in the styrofoam holder; place rubber band around styrofoam holder.**
4. **Place styrofoam holder in the biohazard bag.**
5. **Seal the biohazard bag.**
6. **Print requisition and place in outside pocket of biohazard bag.**
7. **Place the sealed biohazard bag and the frozen ice pack in the UPS LabPak.**
8. **Seal the UPS LabPak and place for UPS pickup.**
9. **Schedule a UPS pickup for the sealed LabPak.**

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